



## Municipal AT Project 2012-13

1. To build AT capacity among communities / municipalities using Active Transportation 101 as a living document
2. To identify and advance key policy, planning and infrastructure strategies necessary for active transportation progress at provincial and regional levels

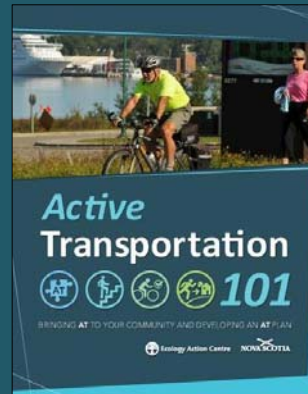
A photograph showing a cyclist in a bright green shirt and a woman walking on a path near a waterfront with a large ship in the background.

## AT 101 Workshop Series

Goal: To build support for and understanding about active transportation (AT) and show what's possible

### Objectives:

- Increase participants' knowledge of:
  - AT and its benefits
  - AT assets in their area
  - AT possibilities
- Inspire participants to support AT efforts locally



## Overview

- 13 workshops
- 203 participants
- 35 municipal units



## Locations & Participants

Antigonish: 25	Shelburne: 11
Digby: 20	Port Hawkesbury: 20*
West Hants: 30	Yarmouth: 9**
Cheticamp: 10	Amherst: 18
Baddeck: 5	Clare: 25
Kentville: 7	Truro: 15**
Barrington Passage: 8	

## Municipal Participants

- MPALs/Physical Activity Coordinators
- Physical Activity Strategy Committee members
- Culture & Leisure Services Coordinator
- Recreation Directors
- Councillors
- Wardens
- Deputy Warden
- COA
- Deputy CAO
- Planners
- Directors of Planning
- Director of Planning & Development
- Director of Public Works
- Eastern District Planning Commission
- Director of Policy and Research
- Superintendent of Public Works
- General Manager Facilities and Operations
- Municipal Program Supervisor
- Director of Finance
- Director of Environmental, Safety and Community Affairs
- Renewable Energy & Climate Change
- Community & Economic Development
- Aquatics Director



## Community/Other Participants

- Citizens/residents
- Public Health
- Community Health Board
- School Boards
- High School
- School Parent-Teacher groups
- Physical Activity/Health Committees
- Nova Scotia Department of Health and Wellness
- Nova Scotia Dept. of Transportation and Infrastructure Renewal (attended 1 workshop)
- AT Committees
- Cyclists
- Velo Cape Breton
- Bike shop owners
- Heart & Stroke Foundation of Canada
- YMCA
- Community Rep/Early Childhood Intervention
- Women's Centre
- RCMP
- Local newspaper
- Youth skate boarding group
- Cobequid Trails Consulting
- Trails Committee
- Sno Dusters (Snowmobile group)
- Trails groups (Greenways NS)
- Business representatives
- Regional Development Authorities
- Environmental Group (Avondale Peninsula Watershed Preservation Society)

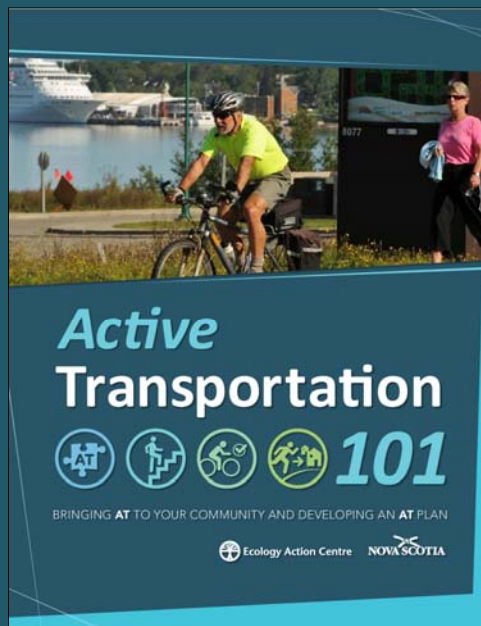
## Agenda

- 1:30: Introduction
- 1:40: Overview of AT
- 2:10: Where We're AT!
- 2:40: Break
- 2:55: Where Could We Go with AT?
- 3:25: Engaging Municipal Officials
- 4:00: Forming an AT Committee
- 4:15: Wrap Up
- 4:30: Workshop ends



## Further AT Supports Needed

- People/Champions
- Resources
- Policies
- Training
- Awareness/Education
- AT Plans & AT Committees



[www.ecologyaction.ca/content/AT-101](http://www.ecologyaction.ca/content/AT-101)