

Dr. Trevor Hancock,
Professor and Senior Scholar, School of Public Health and Social Policy, University of Victoria



Dr. Trevor Hancock is a public health physician and health promotion consultant and is currently a Professor and Senior Scholar at the new School of Public Health and Social Policy at the University of Victoria. He is one of the founders of the (now global) Healthy Cities and Communities movement and pioneered early work on the concept of 'healthy public policy' in the 1980s. He recently spent nine years as a Public Health Consultant at the Ministry of Health in British Columbia, working to implement core programs in public health, to increase preventive services in primary care and to foster a population health promotion approach.

His main areas of interest are population health promotion, healthy cities and communities, public health, healthy public policy, environment and health, the relationship between health and nature, healthy and 'green' hospitals, health policy and planning, and health futurism. He has been described as "one of the ten best health futurists in the world".

Brenda Zimmerman, PhD, CA, MBA, BSc
Associate Professor of Policy, Director, Health Industry Management Program, Schulich School of Business, York University



Dr. Brenda Zimmerman is an Associate Professor of Strategic Management at the Schulich School of Business at York University in Toronto. She is the founder and Director of the Health Industry Management Program for MBA students. She is also an Associate Faculty Member for the Social Innovation Generation at the University of Waterloo. She is the Director of the OMA/CMA Physician Leadership Development Program.

Her primary research applies complexity science to management and leadership issues in organizations, especially health care or not-for-profit organizations, experiencing high levels of uncertainty and turbulence. Since 1996 the bulk of her research and teaching has focused on health care. She was a member of the Canadian Academy of Health Sciences chronic disease expert panel on Health System Transformation, was on the Health and Public Policy committee of the Royal College of Physicians and Surgeons, is an advisor for the Chief Public Health Officer for the Canadian Public Health Agency and is the Chair of Patient Safety and Quality for Mount Sinai Hospital. She also is a board member for the Centre for Evaluation of Health Professionals Educated Abroad and for a start-up wellness company.

She has been an invited speaker at organizations and conferences in North America and Europe. She has written articles, book chapters and a co-authored book on the topic of complexity and management in health care, *Edgework: Complexity resources for Healthcare Leaders*. Her latest co-authored book, *Getting to Maybe: How the World is Changed* is a Canadian best seller published in 2006, published in Japan in 2008 and in Korea in 2009.

Thrive! Summit 2014
Pathways to Thriving Communities
Scientific Panel

Dr. Jill Grant



Dr. Jill L. Grant is Professor of Planning at Dalhousie University. Her research focuses on the planning and design of residential environments, urban development practices and processes, and the history of planning. She is the author of dozens of articles and author or editor of five books, including *Seeking Talent for Creative Cities* (2014, University of Toronto Press) *A Reader in Canadian Planning: Linking theory and practice* (2008, Thomson Nelson) and *Planning the Good Community: New urbanism in theory and practice* (2006, Routledge). She is a Fellow of the Canadian Institute of Planners.

Dr. Sarah Kirk



Dr. Sara Kirk holds the Canada Research Chair in Health Services Research in the School of Health and Human Performance at Dalhousie University. She is a Research Associate with the Atlantic Health Promotion Research Centre and is cross-appointed with the IWK Health Centre. Her research group, Applied Research Collaborations for Health (ARCH) seeks to better understand how lifestyle factors, primarily diet and physical activity, influence health status and health services use. Sara hails from the UK where she worked as a registered dietitian before moving into nutrition and health research and teaching at the University of Leeds and Leeds Metropolitan University, UK. She moved to Canada in 2007 and is now a proud Bluenoser and Canadian.

Dr. Angela (Angie) M. Kolen



Dr. Angie Kolen is with the Department of Human Kinetics at St. Francis Xavier University. Since 2001, she has practiced what she preaches in classes, presentations, and workshops and she actively promotes physical activity to children with her students. A dynamic and engaging educator, Angie was recognized with the StFX Outstanding Teaching Award, the Atlantic Association of Universities Distinguished Teaching Award, and with the prestigious 3M National Teaching Fellowship. Angie was the lead or co-investigator in three surveillances of physical activity and dietary intake of Nova Scotia students in grades 3, 7, and 11. In addition to various practical applications, this research informs public policies.

Dr. Patty Williams



Dr. Patty Williams is a Professor and Canada Research Chair in Food Security and Policy Change in the Department of Applied Human Nutrition at Mount Saint Vincent University. She has a PhD from the University of British Columbia, and a CIHR funded postdoc with the Atlantic Health Promotion Research Centre, where she continues to serve as a Research Associate. Her collaborative program of participatory research engages partners across sectors in better understanding and building capacity for healthy, just and sustainable food systems through social and policy change. She has led several national and provincial studies on food security related policy change including a 5-year SSHRC funded Community University Research Alliance (CURA), Activating Change Together for Community Food Security. FoodARC, where she is the founding director, was awarded the prestigious CIHR Partnership Award for their work with the Nova Scotia Food Security Network in 2011

Speakers

Dr. Frank Atherton



Dr. Frank Atherton moved to Halifax in May 2012 to take up post as the Deputy Chief Medical Officer of Health in the Department of Health and Wellness, Nova Scotia. He graduated in medicine from Leeds University, UK and worked in hospital and primary care posts around the North of England for a number of years before undertaking voluntary work as a District Medical Officer in Malawi. On his return to the UK, Frank completed specialist training in Public Health Medicine in the Yorkshire Region and then worked on international health and development issues for WHO and the UK Department for International Development in postings to the Former Yugoslavia, Tanzania, and Bangladesh. From 2002 to 2012 Frank worked as a Director of Public Health in Lancashire, he also served as President of the UK Association of Directors of Public Health from 2008 to 2012. He holds honorary academic appointments at Dalhousie University (Adjunct Assistant Professor) and Lancaster University (Honorary Lecturer). Frank is passionately interested in addressing inequalities in health at global, national and local levels.

Dr. Heather Davies



Dr. Heather Davis is a pediatrician and public health professional focused on the individual, family, community and societal factors that affect children's health and ability to reach their full potential. Her interests include the development of clinical best practices to reduce chronic disease and the use of public policy to improve outcomes for children and youth. She holds undergraduate degrees in community recreation and biology along with a medical degree from Dalhousie University, general pediatrics residency from Memorial University, and a master's degree in public health from Harvard University.

Dr. Davis has worked in pediatric clinical practice, as an independent consultant, and as a Medical Officer of Health supporting development of the Thrive! strategy. When not working she enjoys hiking, wilderness backpacking, and occasionally orienteering and adventure racing.

Dr. Robert Strang



Dr. Robert Strang is Nova Scotia's first Chief Public Health Officer appointed in August 2007. Dr. Strang completed his medical degree (1990), family practice residency (1992) and Community Medicine Residency (1997) at the University of British Columbia. He was an Associate Medical Officer of Health in British Columbia from 1997 to 1999, then moved to Halifax to become Medical Officer of Health for Capital District Health Authority. Dr. Strang has an adjunct appointment with Dalhousie University, Department of Community Health and Epidemiology.

Dr. Strang has played an instrumental role in our Province related to Tobacco Control. He has served as President of Smoke Free Nova Scotia. He is also member of the Public Health Association of Nova Scotia. Robert represents Nova Scotia on the federal-provincial-territorial Public Health Network Council and the Council of Chief Medical Officers of Health.

Dr. Gaynor Watson-Creed



Dr. Watson-Creed is a native of PEI and graduated from Dalhousie Medical School in 1999. She completed residency programs in both Family Medicine and in Public Health and Preventive Medicine (formerly Community Medicine) at McMaster University and returned to the Maritimes in 2005 as Medical Officer of Health for the Capital District Health Authority. She holds an adjunct professor appointment within the Departments of Clinical Health and Epidemiology, Family Medicine, and the School of Graduate Studies at Dalhousie University, and an appointment at the Dalla Lana School of Public Health at University of Toronto. She holds a BSc and MSc in Biochemistry but insists that her bench days are long behind her. Although she has a full time job outside the home, she now considers her "real" full time job to be mother to two small children, aged 10 and 8, who keep her entertained, amused, and exhausted, most of the time. Dr. Watson-Creed is currently a member of the Regional Plan review committee (CDAC) for Halifax Regional Municipality, and the Premier's Advisory Council on the Early Years. She and her family reside in Dartmouth.

Thrive! Summit 2014

Pathways to Thriving Communities

MC's and Organizing Team

Racheal Surette

Racheal Surette wears her passion on her sleeve where everyone can see it. For the past 16 years Racheal has worked to make communities in South Western Nova Scotia vibrant and healthy through her work in building healthy communities, and advocating for healthy public policies. Whether it be in her professional role or as a community volunteer, a mother, sister, daughter or as a friend South Western Nova Scotia has received the benefits. Racheal has drawn on her early work experience and training working with families as a social worker to apply a social justice lens to her previous work as a health promoter with Addictions Services and currently in her content lead role with Public Health. Racheal est une fière acadienne qui habite à Pubnico avec sa famille- Murray, Sylvianne et Christian.

Julian Young

Throughout his 18 year public service career, Julian has helped transform programs, organizations, and systems. He's served as a leader in Emergency Health Services, Public Health, and most recently in his current role as Director, Culture Change, Leadership, and Employee Engagement for the Department of Health and Wellness. Julian is also a Professional Co-Active Coach and owns Success, Life, and Leadership Coaching. As a coach, organizational leader, and university instructor Julian is passionate about bringing out the absolute best in people, organizations, and systems and there's nothing he enjoys more than helping people shape their ideas and create the world they want. Outside of work and business, Julian serves his community as Auxiliary Constable in the Royal Canadian Mounted Police.

Organizing Team

Gillian Batten, IWK Health Centre ● Louis Brill, Nova Scotia Health Charities Network ● Aimee Carson, Ecology Action Centre ● Rick Gilbert, Active Living, Department of Health and Wellness ● Ruth Grant, Department of Agriculture ● Health Promotion Clearinghouse ● Jennifer Macdonald, Public Health, Department of Health and Wellness
Katie Mallum, Doctors Nova Scotia ● Adèle Poirier, Communications Nova Scotia ● Dawn Stegen, Active Living, Department of Health and Wellness ● Caroline Whitby, Thrive! Department of Health and Wellness